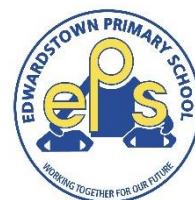


# CANTEEN MENU



## From Beck's Bakery: SANDWICHES and ROLLS

Sandwiches: Choice of multigrain, wholemeal or white.

Please indicate if you would like toasted.

Salad choices are Tomato, Lettuce, Carrot, Cucumber, Beetroot, Onion & Gherkin Salt, Pepper, Mayonnaise and Butter. If you would like to add avocado add \$1.00

**ORDER ONLY Thursday & Friday**

**Free fruit supplied by Kick-start for kids (only when available)**

	<b>S/Wich</b>	<b>Long Roll</b>
Vegemite (including butter)	\$ 2.10	\$ 2.60
Cheese	\$ 3.10	\$ 3.60
Cheese and tomato	\$ 3.60	\$ 4.10
Cheese and salad (up to 5 choices of salad)	\$ 6.10	\$ 6.60
Ham and cheese	\$ 3.60	\$ 4.10
Ham, cheese and tomato	\$ 4.40	\$ 5.00
Ham and salad (up to 5 choices of salad)	\$ 6.10	\$ 6.60
Vegetarian/Salad (up to 5 choices of salad)	\$ 5.10	\$ 5.60
Chicken and salad (up to 5 choices of salad)	\$ 6.90	\$ 7.90
Chicken, avocado, lettuce and mayonnaise	\$ 5.90	\$ 6.80

Mini Cheese & Vegemite Scroll	\$ 1.10
Mini Cheese & Bacon Scroll	\$ 1.10

### HOT FOODS (add .20c for tomato sauce)

Meat Pie OR (Meat) Pasty	\$ 3.10
Vegetable & Cheese Pasty	\$ 3.60
Sausage Roll	\$ 3.10
Quiche	\$ 4.10
(Lorraine, Spinach and Feta, Chicken and Asparagus)	
Cup of Noodles	\$2.50

**(Must be pre-ordered in the morning at the office)**

### BUNS

Apple and Blueberry Muffin	\$ 2.60
Fruit Bun (add .20c if you would like butter on your fruit bun)	\$ 2.10

## From the canteen: daily at lunchtime

**Monday—Friday Lunchtime—12.45-1.15pm**

### FROZEN SNACKS

Slushies (seasonal)	\$ 2.00
Quelch (frozen fruit juice sticks)	.60c
Assorted Iceblocks / Icecream	\$ 1.10c - \$2.50

### DRINKS

Flavoured Milk (Chocolate / Strawberry)	\$ 1.50
Fruit Juice (orange / apple / tropical)	\$ 1.30

### SNACKS

Fruit Scrappies	.20c
Popcorn (gluten free)	.20c
Pretzels	.20c
CornTos	\$ 1.00

**Please write student name & room no. on lunch bags and ensure correct money is enclosed**