

CANTEEN MENU

FROM BECK'S BAKERY: SANDWICHES, ROLLS AND WRAPS

Sandwiches: Choice of multigrain, wholemeal or white. Please indicate if you would like toasted.

Salad choices are Tomato, Lettuce, Carrot, Cucumber, Beetroot, Onion and Gherkin

Salt, Pepper, Mayonnaise and Butter. *If you would like to add avocado add \$1.00*

| | S/Wich | Long Roll | Wrap |
|--|---------|-----------|---------|
| Vegemite (including butter) | \$ 2.00 | \$ 2.50 | \$ 2.50 |
| Cheese | \$ 3.00 | \$ 3.50 | \$ 3.50 |
| Cheese and tomato | \$ 3.50 | \$ 4.00 | \$ 4.00 |
| Cheese and salad (up to 5 choices of salad) | \$ 6.00 | \$ 6.50 | \$ 6.50 |
| Ham and cheese | \$ 3.50 | \$ 4.00 | \$ 4.00 |
| Ham, cheese and tomato | \$ 4.30 | \$ 4.90 | \$ 4.90 |
| Ham and salad (up to 5 choices of salad) | \$ 6.00 | \$ 6.50 | \$ 6.50 |
| Vegetarian/Salad (up to 5 choices of salad) | \$ 5.00 | \$ 5.50 | \$ 5.50 |
| Chicken and salad (up to 5 choices of salad) | \$ 6.80 | \$ 7.80 | \$ 7.80 |
| Chicken, avocado, lettuce and mayonnaise | \$ 5.80 | \$ 6.70 | \$ 6.70 |

| | |
|-------------------------------|---------|
| Mini Cheese & Vegemite Scroll | \$ 1.00 |
| Mini Cheese & Bacon Scroll | \$ 1.00 |

HOT FOODS (add .20c for tomato sauce)

| | |
|---|---------|
| Meat Pie | \$ 3.00 |
| Vegetable & Cheese Pasty | \$ 3.50 |
| Sausage Roll | \$ 3.00 |
| Quiche (Quiche Lorraine, Spinach and Feta, Chicken and Asparagus) | \$ 4.00 |

BUNS

| | |
|----------------------------|---|
| Apple and Blueberry Muffin | \$ 2.50 |
| Fruit Bun | \$ 2.00 (add .20c if you would like butter on your fruit bun) |

ORDER ONLY - THURSDAY
AND FRIDAY

PLEASE WRITE CHILD'S NAME
AND ROOM NO. ON LUNCH
BAGS AND ENSURE CORRECT
MONEY IS ENCLOSED.

FROM THE CANTEEN: DAILY AT LUNCHTIME Monday—Friday Lunchtime—12.45-1.15pm

FROZEN SNACKS

| | |
|------------------------------------|-------------------|
| Slushies (seasonal) | \$ 3.00 |
| Quelch (frozen fruit juice sticks) | .60c |
| Assorted IceBlocks / Icecream | \$ 1.10c - \$2.00 |

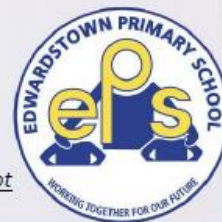
DRINKS

| | |
|---|---------|
| Flavoured Milk (Chocolate / Strawberry) | \$ 1.50 |
| Fruit Juice (orange / apple / tropical) | \$ 1.20 |

SNACKS

| | | | |
|-----------------------|---------|---|---------|
| Fruit Scrapies | .20c | Red Rock Chips | \$ 1.50 |
| Popcorn (gluten free) | .20c | Mamee Noodles (dry only) | .90c |
| Pretzels | .20c | Cup of Noodles | \$ 2.50 |
| CornTos | \$ 1.00 | <i>Winter items subject to availability: Warm milo + Hot chocolate \$1.00</i> | |

FREE FRUIT SUPPLIED BY KICK
START FOR KIDS
(ONLY WHEN AVAILABLE)



PLEASE WRITE CHILD'S NAME AND ROOM NO. ON LUNCH BAGS AND ENSURE CORRECT MONEY IS ENCLOSED.